

The Kite Primary PE Overview



Cycle 1 2025 / 2026					Cycle 2 2026 / 2027			
Year R	Year R/1/2	Year 3/4	Year 5/6		Year R	Year R/1/2	Year 3/4	Year 5/6
PE fundamentals Ball skills Dance	Fundamentals, Invasion Games, Ball Skills, Dance	Hockey Team Building Dodgeball Dance	Hockey Team Building Dodgeball Dance	Autumn	PE fundamentals Ball skills Dance	Fundamentals, Invasion Games, Ball Skills, Dance	Hockey Team Building Dodgeball Dance	Hockey Team Building Dodgeball Dance
Introduction to PE Gymnastics Dance Ball Skills	Gymnastics, Net & Wall Games, Yoga, Sending & Receiving	Football Gymnastics Netball Tag Rugby	Football Gymnastics Netball Tag Rugby	Spring	Introduction to PE Gymnastics Dance Ball Skills	Gymnastics, Net & Wall Games, Yoga, Sending & Receiving	Football Gymnastics Netball Tag Rugby	Football Gymnastics Netball Tag Rugby
Games Ball Skills Games	Striking & Fielding Games, Target Games, Fitness, Athletics	Fitness, Cricket, Tennis, Athletics	Fitness, Cricket, Volleyball, Athletics	Summer	Games Ball Skills Games	Striking & Fielding Games, Target Games, Fitness, Athletics	Fitness, Cricket, Tennis, Athletics	Fitness, Cricket, Tennis, Athletics