

The Kite Primary PSHE and RSE Overview

Cycle 1 2023 / 2024				Cycle 2 2024 / 2025		
Year R/1/2	Year 3/4	Year 5/6		Year R/1/2	Year 3/4	Year 5/6
R- Self regulation: my feelings Building relationships: special relationships 1/2 - Families and Relationships 1/2 - Health & Wellbeing	Families and relationships Health and wellbeing	Families and relationships Health and wellbeing	Autumn	R- Self regulation: my feelings Building relationships: special relationships 1/2 - Families and Relationships 1/2 - Health & Wellbeing	Families and relationships Health and wellbeing	Families and relationships Health and wellbeing
R – managing self: taking on challenges Self-regulation: listening and following instructions 1/2 - Economic wellbeing 1/2 - Citizenship	Economic wellbeing Citizenship	Economic wellbeing Citizenship	Spring	R – managing self: taking on challenges Self-regulation: listening and following instructions 1/2 - Economic wellbeing 1/2 - Citizenship	Economic wellbeing Citizenship	Economic wellbeing Citizenship
Building relationships: my family and friends Managing self: my wellbeing 1/2 - Safety and the changing body	Safety and the changing Body	Identity Safety and the changing body	Summer	Building relationships: my family and friends Managing self: my wellbeing 1/2 - Safety and the changing body	Safety and the changing body	Identity Safety and the changing body